

Brief CV:

Aysha Arshad , M.D, F.A.C.C.

Arrhythmia and Cardiology Consultants of New York and New Jersey
Director Lead Extraction Program
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Assistant Professor of Medicine
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Clinical Specialty:

- Clinical Cardiac Electrophysiology

Practice Location:

- The Valley Hospital, Ridgewood, New Jersey
- St. Luke's Roosevelt Hospital, New York, New York
- Mountainside Hospital, Montclair, New Jersey

Education:

- Medical School: The Aga Khan University Medical College, Karachi, Pakistan
- Residency: Westchester Medical Center, New York Medical College, New York
- Fellowship: St. Luke's Roosevelt Hospital, Columbia University College of Physicians and Surgeons, New York

Research Interests:

- Laser Extraction
- Gender and arrhythmias
- Genetic diseases and risk stratification
- Atrial fibrillation

Languages spoken:

- Urdu, Hindi

Selected Publications:

- 1) **Arshad A**, Moss AJ, Foster E, Padeletti L, Barsheshet A, Goldenberg I, Greenberg H, Hall WJ, McNitt S, Zareba W, Solomon S and Steinberg JS. Cardiac Resynchronization Therapy is More Effective in Women than Men- The MADIT_CRT Trial. JACC 2011; 57: 813-20
- 2) Gasparini M, Steinberg JS, **Arshad A**, Regoli F, Galimberti P, Rosier A, Daubert JC, Klersy C, Kamath G and Leclercq C. Resumption of Sinus rhythm in Patients with Heart Failure and Permanent Atrial Fibrillation undergoing Cardiac Resynchronization Therapy: A Longitudinal Study. Eu Heart Journal 2010; 31(8): 976-983
- 3) Musat D, Aziz EA, Koneru J, Arshad A, Kamath GS, Mittal S and Steinberg JS. Computational Method to Predict Esophageal Temperature Elevation During Pulmonary Vein Isolation. PACE 2011; 33(10): 1239-48
- 4) Kamath GS, Cotiga D, Koneru J, **Arshad A**, Pierce W, Aziz EA, Mandava A, Mittal S, Steinberg JS 12-Lead Holter Monitoring Identifies Non-Responders Following Cardiac Resynchronization Therapy in Patients with Atrial Fibrillation J Am Coll Cardiol. 2009; 53 (12): 1050-55
- 5) **A Arshad** , A Mandava , G Kamath , *D Musat*. Sudden Cardiac Death and the Role of Medical Therapy. Progress in Cardiovascular Diseases. 2008 : 50 (6) : 420 - 438
- 3) Shah, A, Mittal S, Sichrovsky T, Cotiga D, **Arshad A** Maleki K, Pierce W , Steinberg JS. Long-Term Outcome Following Successful Pulmonary Vein Isolation: Pattern and Prediction of Very Late Recurrence. JCE 2008 19(7) : 661-7
- 6) Cotiga D, **Arshad A**, Aziz E, Joshi S, Koneru JN, Steinberg JS. Acute conversion of persistent atrial fibrillation during dofetilide initiation. Pacing & Clinical Electrophysiology 2007 30(12): 1527-30,
- 7) Shedd O, Sears SF, Harvill JL, **Arshad A**, Conti JB, Steinberg JS, Curtis A. The World Trade Center attack: Increased frequency of defibrillator shocks in Patients living remotely from New York City. JACC 2004 44(6) : 1265-1267
- 8) Steinberg JS , **Arshad A**, Kowalski M, Kukar A, Suma V, Vloka ME, Ehlert FE, Herweg B, Donnelly JE, Philip J, Reed G, Rozanski A. In The Aftermath of The World Trade Center Attack: Increased Incidence Of Life-Threatening Ventricular Arrhythmias In Implantable Defibrillator Patients In The New York Community. JACC 2004 44(6) : 1261-1264
- 9) Hasan R, Marshall MC Jr, Medhi M, **Arshad A**, Braun A, Panageas E. Meningioma metastatic to thyroid gland. Endocrine Practice. 2001 7(5):370-4

10) **Arshad A**, Bansal A, Patel RC. Cardiac complications of human immunodeficiency virus infection: diagnostic and therapeutic considerations. *Heart Disease*. 2000 2(2):133-45